

Table 1. Demographic and clinical characteristics of the study population	
Age (years)	65.2 ± 10.5
Gender (male/female)	102/108
Education (years)	12.5 ± 2.1
Marital status (married/divorced/widowed)	150/30/20
Smoking status (smoker/nonsmoker)	80/130
Alcohol consumption (yes/no)	40/170
Comorbidities	
Hypertension	120
Diabetes mellitus	80
Coronary artery disease	60
Chronic kidney disease	40
Asthma	30
Depression	20
Anxiety disorder	10
Other	10
Medications	
Antidepressants	100
Antipsychotics	50
Mood stabilizers	30
Anxiolytics	20
Other	10
Outcomes	
All-cause mortality	150
Cardiovascular mortality	80
Cancer mortality	40
Respiratory mortality	30
Other	10

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